

To prepare an emergency backpack you obviously need one to start with. Choose middle sized with closable outside and inside pocket(s).

First put a soap, sponge, towel, 2l of water, small plastic basin, razor blades, shaving foam, toothpaste, toothbrush, clean clothes, reserve underwear and a fresh pair of socks in your emergency backpack!

It is not a pleasant thing to have smelly resident(s) inside a shelter. Besides, you will personally feel much better after you have done your hygiene and changed dirty garment.

Then goes your smartphone in an outside pocket while credit cards, money and documents go in an inside pocket.

Part small amount of money and place it in the outer pocket, separate from your smartphone, to be reachable for a casual expenses.

Also equip two reserve batteries for your smartphone, a flashlight with two reserve batterie pairs, paper notebook, few pencils, game cards and a chess.

Pack a roll of duct tape and ten (10) plastic bags.

Optional: portable solar panel, radio antenna (longer antenna provides a better range while thicker or coil-shaped improves a signal strength and its reception), laptop computer (having under 11" screen diagonal and light as possible) or tablet (with at least 7" screen diagonal). The smaller the gadget is the less space and effort will require when carried along.

Put few cans of conserved vegetables, few cans of goulash and a rusk.

Incorporate portable gas (butane) cooker.

Take "Swiss Army knife" or equal. I have bought cheap substitute "Crivit" for 5 Euros with all the necessary extensions attached: knife, scissors, tweezer,

screwdriver, can opener, bottle metal cap opener, coiled opener for bottle cork cap, fire-starting lens, a hook, a piercer, a rasp, a tougher rasp, a ruler. It even has a plastic toothpick and one tool which purpose I didn't yet discover. It is a three (3) cm short, one and half (1.5) mm thin metal bar with little circle of a two and half (2.5) mm diameter near the top. Perhapse it is used for a distant object size gauging. You compare the size of some object in your vicinity, for which you know its respective size and distance, with the object far away. It is a total of 15 different applications for only 5 Euros while original thing (SAk Huntsman model) costs ten (10) times more.

Attach an umbrella sideway.

Foldable shovel is attached on the opposite flank.

On the bottom outside of the backpack attach a sleeping bag or at least a blanket.

No, there is no space for the tv set or any other large household inventory. The purpose of the backpack is to be light, practical and handy.

Pack cigarettes regardless of your smoking habits. This item can sometimes be more valuable than money. During heavy crysis you can buy all kinds of services for an ordinary pack of smokes. Include several lighters too.

Now you are prepared to fast move in the case of an emergency.